

Osho Active Meditations



Dynamic Meditation

Friday 9nd March 2018 - 6.30-8.00pm

Kundalini Meditation

Friday 13th April 2018 - 6.30-8.00pm

The Rainhall Centre, Barnoldswick

Take back **YOUR POWER NOW** and join us in these extremely powerful, energetic and life enhancing meditations.

These empowering tools will facilitate you to release all that has held you back. **As a result, your energy, vibration and awareness will increase.**

These meditations are particularly good for people who struggle to meditate and/or people who are ready and willing to make **real shifts & life changes**. (Loose comfortable clothing is recommended).

£8.00 per session or £15.00 for both

To reserve your place(s) or find out more, please contact Teresa Tomlinson 07842 953284